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## Recipe of the Season - Crunchy Strawberry Salad

### Ingredients

- 1 package (3 ounces) ramen noodles
- 1 cup chopped walnuts
- 1/4 cup butter
- 1/4 cup sugar
- 1/4 cup canola oil
- 2 tablespoons red wine vinegar
- 1/2 teaspoon soy sauce
- 8 cups torn romaine
- 1/2 cup chopped green onions
- 2 cups fresh strawberries, sliced

### Directions

- Discard seasoning packet from ramen noodles or save for another use. Break noodles into small pieces. In a large skillet, cook noodles and walnuts in butter over medium heat for 8-10 minutes or until golden; cool.
- For dressing, in a small bowl, whisk the sugar, oil, vinegar and soy sauce. Just before serving combine the romaine, onions, strawberries and noodle mixture in a large bowl. Drizzle with dressing and toss gently. **Yield:** 12 servings.



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# NIXONNotes

for a better community...

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## "The Positive Reasons For Pre-Arranging (Pre-Planning) Your Funeral"

By: Carlos D. Hundley

Two of the more difficult topics for individuals and families to discuss involve both death and funerals. Sad to say, many individuals leave the "details" of their final wishes undisclosed to his or her family members. A lack of communication can be burdensome at the time of death if the wishes of the deceased are unknown. As a remedy funeral homes work with individuals and families during the pre-arrangement or pre-planning phase of funerals.



The idea of pre-arranging a funeral has a number of positive aspects, though this column we will only explore three. By way of definition, pre-arranging or pre-planning is deciding the details of either you or your loved ones funeral, **before** the need arises. Though it is often connected with pre-arranging a funeral, the act of "pre-funding" is unique, and may or may not be present during the pre-planning phase.

Pre-Arranging a funeral is positive because: (1.) an individual's



#### Please note:

NIXONNotes is a quarterly publication for the extended family and community of Frank & Solomon Nixon Funeral Home as an opportunity to share community happenings. Please feel free to share with us any community news that we could share.



### Ways to Find Us on the Web

- \* Check our "newly updated" website at: [www.nixonfh.net](http://www.nixonfh.net)

We are proud to announce that you will now be able to read obituaries, sign the family's guest book and even send flowers to the family of your loved one and friends. You can still find out more about us and find resources. Please visit our site to today and let us know what you think.

- \* Find us on Facebook at: [www.facebook.com/NixonFHTifton](https://www.facebook.com/NixonFHTifton)

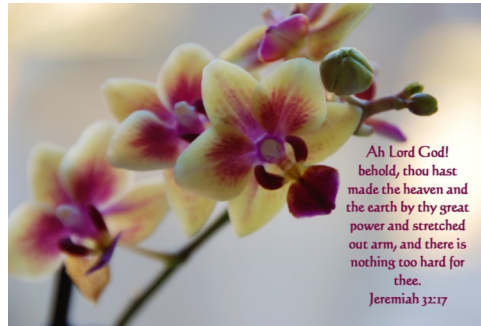
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## God's Promises

By: Christopher Jackson  
Minister, Courtland Ave Church of Christ

We serve an awesome God!! He's a God that does great things beyond our imagination.



An example of this is found in Genesis 18 when God tells Sarah, Abraham's wife, that she would bear a child. Sarah laughed at the

promise of God. Do you blame her? The bible mentions that she is ninety years, passed child bearing age, and Paul mentions in Romans 4 that Abraham body was dead (couldn't produce children anymore). So Sarah has the laws of nature and history that goes against the Promise that God gave her.

But guess what? The Promise of God defeated Sarah circumstances and she had a child. Why you may ask? Look at the answer God gives

Sarah when she doubted, "Is anything too hard for Lord." So there is nothing too difficult for our God and that same God still handles difficult situations today whatever they may be.

"Shouting point". So remember don't let your circumstances cause you to put God in a box because the God we serve makes and fulfills promises that are out of the box.

## This Memorial Day We Salute Our Veterans

By: Jim Pemberton

We salute every soldier who's served this great nation. And offer a heart of thanks and appreciation!

We salute every son and daughter lost in a war. YOU are what serving this country is meant for!

Offering prayer to the Lord is our belief... That he will guide our Commander-in-Chief!

We salute each member of our armed forces. And are thankful for their efforts and resources!

We salute the officers who've guided our women and men. Our prayers are with you! And our love from within!

As we observe Memorial Day this year... Let's offer our soldiers love, hope and cheer...

We salute the many who protect our borders too. We'd be in trouble... If not for people like YOU!

We salute our veterans! Wherever they may be! Those who served on land, air and sea!

May God bless them in all they endeavor And his peace be with them today and forever!!



## Upcoming Edition



NEXT ISSUE PRELUDE: Be sure to look for the next edition of NIXONotes as we will have educational information on end of life care.

If you have something you would like to share with us or if you have something you would like to know more about, please contact us and we will see if we can help.

Also, call our office if your church or event needs fans.

## Community Calendar

On Saturdays: Wiregrass Farmers Market - Welcome Center/Country Store, 175, Exit 63B, 9 am - Noon

On Saturdays: Downtown Farmers Market - Downtown Railroad Depot, Tift Avenue & 3rd Street, 8 am - Noon

### June-

1: Mudd Fever Race - Connell-Ray Rd Tifton, 7:30 AM - 2PM, [muddbrothers.com](http://muddbrothers.com)

1: Loop the Lake 5K- Lake Blackshear, 8am - 10am

6-8: Miss Georgia Forestry State Pageant (Little) - TCHS Performing Arts Center, (229) 386-2681 or (229) 238-2851 for info

13-15: Miss Georgia Forestry State Pageant - TCHS Performing Arts Center, (229) 386-2681 or (229) 238-2851 for info

21-23: Tiftarea Coin Show - Museum of Agriculture, Friday-Saturday: 9 am - 6 pm, Sunday: 9 am - 3 pm

### July -

July - October: "Joe Sullo's South" Exhibit - Museum of Agriculture Gallery, Open Daily, (229) 391-5222

July - August: 3rd Annual South Georgia Photography Competition/Exhibit - Tifton Museum of Arts & Heritage, [www.tiftonmuseum.org](http://www.tiftonmuseum.org)

3: Independence Day Celebration - Museum of Agriculture, More info coming soon

5: Breast Cancer Awareness Fundraiser at Papa John's from 11am to 11pm

6: District Swim Meet - Baldwin Pool

June 2013							July 2013						
Su	Mo	Tu	We	Th	Fri	Sat	Su	Mo	Tu	We	Th	Fri	Sat
30						1		1	2	3	4	5	6
2	3	4	5	6	7	8	7	8	9	10	11	12	13
9	10	11	12	13	14	15	14	15	16	17	18	19	20
16	17	18	19	20	21	22	21	22	23	24	25	26	27
23	24	25	26	27	28	29	28	29	30	31			

19-20: State Swim Meet - Baldwin Pool

### August -

July - October: "Joe Sullo's South" Exhibit - Museum of Agriculture Gallery, Open Daily, (229) 391-5222

July - August: 3rd Annual South Georgia Photography Competition/Exhibit - Tifton Museum of Arts & Heritage, [www.tiftonmuseum.org](http://www.tiftonmuseum.org)

### Other Upcoming Dates in September 2013-

September 13-14: Omega Pepper Festival - City of Omega, Park, FREE

14: Champions of Hope Sporting Clays Tournament (a Ruth's Cottage/Patticake House Fundraiser)

20: Library Foundation's "Beach Ball" with the Swingin' Medallions More info coming soon

27-28: La Fiesta del Pueblo - Fulwood Park, All Day, FREE

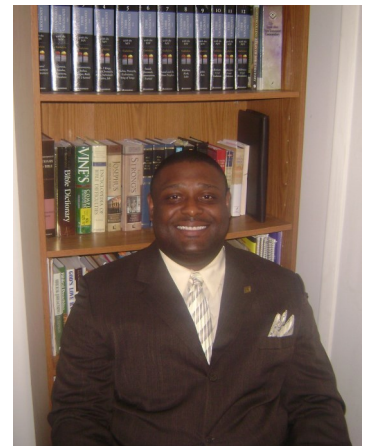
27-28: Tifton Truck & Tractor Pull - American Legion Fairgrounds

## Positive Reasons for pre-arranging - continued from page 1

"final" wishes are known-relieves the family from guessing what momma, poppa, or auntie might have wanted-, (2.) it relieves survivors of the **burden** of planning, while they are emotionally fragile, and (3.)pre-arrangement allows an individual or a family to make informed and well-thought out decisions. In a nutshell, the pre-arrangement of a funeral, allows a person to personalize his or her funeral so that it is more of a celebration of life and less of an emotional and financial challenge to the deceased's family.

Blessings,

Carlos D. Hundley



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